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As we reflect on the summer months we ask ourselves, where did the time go? It is so hard to believe that the kids are back in school, Ribfest has come and gone, BBQ season is almost over and we are starting to view the vibrant colours of fall!

It's a Special Month!

Did you know that September is Big Brother Big Sister Month? If you have been thinking about becoming a Big Brother or a Big Sister, now is the perfect time to look into it further.

It only takes a little time to make a big difference in the life of a child. Being a mentor isn't about spending money or doing exotic

Ribfest was a wonderful success and brought so many people together in many facets, and although I cannot thank everyone personally in my letter, please know that each and every staff member, volunteer, supporter and sponsor all played a part in the well being of children in Hastings and Prince Edward Counties! You all should be so proud of yourselves! We continue to have volunteers come out and help in so many ways, event after event, it always reminds me that volunteers are truly the heart of our agency! Thank you!

We encourage all of you to continue to support your

activities with your Little, its more about being a friend and sharing experiences that you enjoy.

If you'd like to know more about the program, or would like to volunteer, contact Caitlin Dougherty at 613-962-3666, ext. 35. We hope that September will become a special month for you too!

Don't forget you can also visit our Facebook page to see what we have been up to lately.

Find us on Facebook 



We're Growing....

In July Big Brothers Big Sisters of Canada announced the recipients of their growth awards for 2010. We are proud to say that we are one of those recipients!

The Growth Awards recognize growth related to children served in a mentoring program. Currently there are 135 local agencies in Canada serving over 1000 communities.

From the Heart....

This is an excerpt from a letter

community, and help United Way meet their goal of \$1,635,000 over the next few months with their fundraising campaign. United Way of Quinte is a volunteer led non-profit organization that works in partnership with community agencies and organizations to develop innovative and collaborative social services, health, and community programs. Please visit www.unitedwayofquinte.ca for further details.

September is Big Brother Big Sister Month! This is a time to celebrate and thank all the volunteers in our Traditional Program who spend 1-4 hours each week with their "Little". Did you know...91% of mentored children feel better about themselves than they did before being matched with a role model? Can you imagine how one hour a week could have a lifetime effect on a child?

Lastly, with the school year now here, we will be focusing on school based programs with our In School Mentoring and Go Girls programs. We invite you to check our webpage, www.bigsneeded.ca, join us on Facebook, give us a call or stop in to inquire how you can help, because every person has something to give!

Volunteers do not necessarily have the time; they just have the heart. Elizabeth Andrew

Sincerely,

Cheryl Whiteman
Executive Director
Big Brothers Big Sisters of HPEC



Presented by

we received from Megan Klemencic relating what it meant to her to be an In-School Mentor.

"I cannot begin to thank you enough for allowing me to have this wonderful experience as an In-School Mentor. I have had a more rewarding few months than I ever could have imagined. The experience has helped me to realize how important it is for children to have someone in their life that they can talk to.

I now understand how important it is to volunteer and do whatever I can to help the children in my community. I have gained valuable communication, time management and teamwork skills that I will be able to use for the rest of my life.

I am a better person because of my In-School Mentoring experience and it is something I will never forget."

With a Little Help from Our Friends....

Denny's Burger & Shake/Show & Shine - Saturday, August 28th

A huge thank-you to Darrell Enman and his staff at Denny's Restaurant who held the first annual Denny's Burger & Shake/Show & Shine on our behalf on August 28th. The event raised a total of \$596 but the generous folks at Denny's topped things up to \$1000!



OUR RIB-RAGEOUS COMMUNITY HELPED US TO RAISE \$26,000!

It is hard to believe that another Ribfest has come and gone! Despite the fact that mother nature wasn't too co-operative, we still had a wonderful weekend that was enjoyed by rib lovers from Quinte and beyond!



Friday's early opening brought people out to savor a lunch of ribs, chicken and pulled pork. On Friday evening, the crowds enjoyed the music of the Eight Wing Trenton Pipe Band who marched in to begin our opening ceremonies in style!



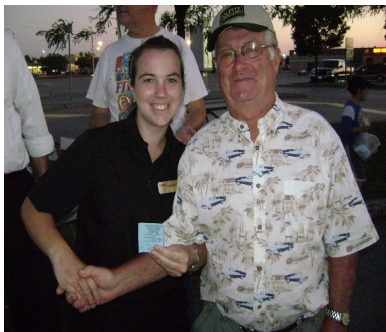
While Saturday and Sunday were cloudy with a few showers, nothing seemed to dampen the spirits of the rib fans. Many just enjoyed their food under the tents that were provided while checking out the wide range of live musical entertainment that was offered from afternoon to late evening.



Pictured above are left to right: Ashley Thomson from Big Brothers Big Sisters, Darrell Enman, owner of Denny's Restaurant and Bonnie Perrigard, Big Brothers Big Sisters.



The cars were beautiful, the prizes were great and the food was delicious! Thanks as well to Robert who organized the classic car portion of the evening.



Congratulations to Edgar Geen shown above who was the lucky winner of the 50/50. He took home \$225!

Thanks to the generosity of our sponsors, the support from our community and the effort of our volunteers, we were able to raise \$26,000 this year after expenses. This represents an increase from last year and it will go a long way towards helping provide necessary programs and services to children and youth in our community.

Plans are in the works for the 2nd Annual Burger & Shake/Show & Shine, so watch future newsletters for details.



Pictured above are Little Brother Kyle and Big Brother Jason who volunteered



We'd like to recognize the following organizations, businesses and individuals who helped make Ribfest

at the First Annual Denny's Burger & Shake/Show & Shine. Jason also brought his "cool ride".

Freddy Vette's Anniversary, Belleville Cruise Night - Saturday, August 24th

Freddy Vette of CJBQ fame celebrated his one year anniversary with the station in style...he broadcast live at the Zellers parking lot in Belleville where the Belleville Cruise Night has a show and shine every Tuesday from May to October. With over 300 classic cars on display and over 1000 spectators to help him enjoy his anniversary cake, it was a great event! The Belleville Cruise Night is run by Red Thompson, Jack Bradshaw and Gladys LaBelle. They donate the proceeds from their 50/50 draws to local children's charities and on that night, Big Brothers Big Sisters was a lucky recipient of a \$1000 donation. Thank you!



Pictured above on the right are Cheryl Whiteman, Executive Director for Big Brothers Big Sisters accepting a cheque from Jack Bradshaw and Gladys LaBelle, organizers of the Classic Cruise night.

Free Flow Customer Appreciation Event - August 21st

The staff of Free Flow Petroleum in Carrying Place held a Customer Appreciation BBQ on Saturday, August 21st. There were lots of great prizes, lowered gas prices, yummy food, Nevada tickets for sale and tons of fun!

another RIB-RAGEOUS event this year:

Investors Group - Presenting Sponsor
Mortgage Intelligence
InterfaceFLOR
RONA
Montgomery Fleet Services
Thompson Tents
Adams Plumbing & Heating
TAB Mechanical Inc.
Ontario Truss & Wall
EMS Tech
Tyendinaga Computers Sales & Service
Cool 100.1, 95.5 Hitsfm
Mix 97, Rock 107, CJBQ
91X
MYFM
The Intelligencer
Deerhaven Farm & Garden
Belleville Sport and Lawn
A-1 Belleville Sign Rentals
Earl Rosebush Fuels
Pathways to Independence
Erb
Cottage Advisors
Oak Hills Water
Canadian Tire
Molson
Home Depot
M&M Meats
Walmart
Sears
Dewes
Quality Printers
Eugene Craig
Carl Cox
DK Electric
John Mouck
Gleaners Food Bank
Ken Hoard
Trenton Grain Elevator
Ron Lough
Janna Munkittrick-Colton
TAS Communications
8 Wing Trenton Pipe Band
8 Wing Trenton
Bull & Boar Smokehouse Grill
Denny's Restaurant
Reynolds Murray
SNAP Design

Thanks to Ann and her staff for donating the proceeds from the event to our organization. They raised approximately \$820 on our behalf as well as another \$455 from the sale of Nevada tickets.

Thanks also to our volunteers who helped out that day; Donna Case, Big Brother Brendon, Little Sister Brianna and Big Sister Krista as well as Caitlin Dougherty from our office.

Arby's Fundraising Campaign - August 2nd - September 12th



From August 2nd to September 12th, Arby's Restaurant gave their customers an opportunity to enjoy a good meal and give back to their community at the same time. By donating \$1.00 to Big Brothers Big Sisters, customers received \$1.00 off a roast beef or beef 'n cheddar combo on their next visit. A big thank you to our local Belleville and Trenton Arby's Restaurants who participated in this fundraising event and to the Arby's Foundation who initiated it. We'll let you know in our winter newsletter how much money was raised.

The staff had lunch at Arby's recently in order to support their fundraising campaign on our behalf. We're pictured here with Assistant Manager, Maggie St. Amand.

Waste Management
City of Belleville

The many businesses and individuals who donated to our prize draw
The members of our Board of Directors
Our more than 100 volunteers

Check out our Ribfest website, www.quinteribfest.com, for more pictures from this year's event. We will also be posting the date of next year's Ribfest very soon!



Not everyone was there for ribs!





MG Car Club Event - June 23rd - 27th



Teen Mentors Program Developed in Association with Best Buy

Big Brothers Big Sisters of Canada recently announced that it had received support from long-time partner Best Buy Canada to develop a new Teen Mentors Program which is set to take place in schools across the country.

Through its Best Buy for Kids program, Best Buy Canada donated \$50,000 to develop a national program that is already showing great promise in select communities across the country. The new Teen Mentors Program takes a unique approach by having teens aged 15-17 become mentors for children in elementary school. Teen mentors will act as role models for children in the program, helping them with their homework while developing a friendship with the younger students. Big Brothers Big Sisters of Canada's Teen Mentors Program is a natural fit for Best Buy for Kids, developing life and leadership skills in the teen mentors while helping the elementary school children succeed and reach their full potential.

Our agency has already experienced the positive results of matching teen role models with children and we currently offer a variation of the In-School Teen Mentors program in several of our local elementary schools. We also have several community mentor matches: Doug and Pam Gray who are located at Stirling Junior School, Mike Culhane who mentors at Prince of Wales Public School and Sir John A. MacDonald, Jack Thistle, who is at Stirling Senior School, Ed Jarrick at VP Carswell Public School and Lynn Miller who mentors at Harry J Clark Public School. Thanks to all of you



In the summer newsletter we told you about the MG Car Club of Toronto hosting their annual convention in Belleville in June at the Ramada Inn. The event attracted attendees from Canada, the United States and Europe. In August, we received a donation from the event of \$2693. A huge thank-you to the organizers and attendees!



A big thank you to the Belleville Bulls organization who donated nine tickets for each of their home games to BBBS and to Stewart Lebeau who donated a set of home game tickets. These tickets will be used by our Bigs and Littles.

Scholastic Books also recently provided us with 18 boxes of books and crafts which will be used to provide Christmas

presents to our Littles. Thank-you Scholastic!

New Additions to Our Office...

If you popped into our office this summer, you would have seen the friendly face of Alana Brown, our summer student. We're happy to say that Alana has now joined our organization as a part-time staff member! Congrats Alana!



We also have five new faces in the office as our Loyalist College placement students have arrived. Joining us from the Child Youth Worker Program are (pictured below, left to right): Nicole Lowery, Annie Whalen, Sarah Elliott, Stephanie Olesen and Caitlin Gridec. They will be helping us around the office and also assisting with the Go Girls and ISM programs. Great to have you with us girls!



for giving of your time!

With the funding from Best Buy, Big Brothers Big Sisters of Canada will expand this program across the country reaching over 600 students.

We're Collecting HBC Reward Points and You Can Help!

HBC Reward Points can assist Big Brothers Big Sisters of HPEC to obtain items for the agency that we may not have the budget to purchase. HBC Reward Points are earned through purchases made at The Bay, Zellers or Home Outfitters. There are four easy ways to help us collect HBC Reward Points.

- If you don't already collect HBC Reward Points, you can enroll in the Community Program by going to www.hbc rewards.com/community and quote our Public ID number, 1004835.

- If you are already earning HBC Reward Points, link your existing account to ours and start earning points for our agency. Just go to www.hbc rewards.com/community and quote our Public ID number, 1004835. You'll find the LINK option in the centre column of the screen on the HBC website.

- You can also donate points to our agency by going to www.hbc rewards.com/community and quoting our public ID number, 1004835. You'll find the DONATE option in the centre column of the screen. You can also donate your points when you visit Zellers, The Bay or Home Outfitters. Just visit the Customer Service Counter, quote our Public ID number of 1004835 and you can direct as many points as you like to our account.

Items of Interest...

The Quinte Mall will be hosting a Rock 'n Roll Fun Run on behalf of the BGH Medical Equipment Fund on Sunday, September 26th. You can register individually, or if you register as a team of five or more and collect pledges, you have the opportunity to have 50% of your pledges go to the charity of your choice. Participants are able to do a 10K run or a

Celebrations!

Match Anniversaries

September

Connor & Roberto- 3 years

October

Rowan & Michael - 1 year

Katherine & Celine- 2 years

November

Alexis & Loren - 2

years

Danielle & A.J. - 1 year

Isaiah & Brad - 1 year

December

Patricia & Nancy - 2 years

September Birthdays

Littles: Blaine

Courtney

Katherine

Bigs: Suzanne

Juanita

Rob

October Birthdays

Littles: Patricia

Paige

Kevin

November Birthdays

Littles: Jennifer

Charlie

Bigs: Doug

Our ED...Cheryl!

December Birthdays

Little: A.J.

Bigs: Michel

Liz

Krista

5K Run/Walk. There is also a 1K kid's run.



Registration takes place from 8:00 a.m. to 8:45 a.m. at the Waterfront Trail, S. John St. at Meyer's Pier.

The entry fee is \$25 (the Kids 1K is free).

Registration and pledge forms are available at One to One Fitness, the Quinte Mall and at the BGH Foundation office.

There will be free police check clinics coming up on the following days:

September 28th - noon to 5:00 p.m.

October 12th - 4:00 p.m. to 8:00 p.m.

October 26th - noon to 5:00 p.m.

November 9th - 4:00 p.m. to 8:00 p.m.

November 23rd - noon to 5:00 p.m.

The Core Literacy Program is a free literacy tutoring program for children. It is held from 6:00 p.m. to 8:00 p.m. on Tuesday evenings at the Core Centre located at 223 Pinnacle St. in Belleville. If you are interested, contact Erin McDougall at 613-208-1050 or at erinmcdougall@yahoo.ca

As mentioned in Cheryl's message, the United Way have begun their annual fundraising campaign with a goal of raising \$1,635,000. As a United Way funded agency, the success of this campaign is very important to us. We hope that you will consider a donation this year.





Changes to the Board of Directors

John Jeffery, our wonderful Ribfest Site Manager and President of our Board of Directors has stepped down this month from his position after many years of service to Big Brothers Big Sisters of HPEC. John has worked tirelessly on behalf of our organization and we can't thank him enough!



Pictured above: John and friends take a spin on the gator at Ribfest.

Darrell Smith has assumed the position of Board President, while Sarah Byron takes over the Vice-President role, formerly occupied by Darrell.

Together, in a United Way, we can make our community better!

Do you need some help outfitting your child with winter clothes? Well, the Adopt-A-Child program may be able to help.

You can register for the program from September 13th to September 29th, 8:00 a.m. to 4:30 p.m., Monday to Friday at the Stirling Police Station, 98 East Front St. You must bring proper ID for custodial parent/guardian and child. For more info call 613-395-6844.



Grant Thornton LLP, Chartered Accountants and Management Consultants are doing an online campaign inviting people to vote for their favorite charity (choice of three and Big Brothers Big Sisters is one of them!).

The campaign started on September 1st and is open to everyone until October 31st. You can vote once a day. \$10,000 is up for grabs for the winning charity. Go to www.grantthornton.ca/careers/makeadifference to cast your vote! You have a chance to win an iPad.

The Dad 'N Me Program offers games, sports and activities for boys ages 7 to 12 and their dads, uncles, grandpas or a special guy in their life. It is being held at the Belleville YMCA on Wednesday evenings from 6:00 p.m. to 8:00 p.m. The first session is on September 22nd. Call the YMCA for more details.

On July 10th, Big Brothers Big Sisters of HPEC held a Sports Day for our Little Brothers and Sisters. A great time was had by all!

Thank you to all the Board members, past and present, who give their time and energy on our behalf!



Our Bigs and Littles visited the Ontario Science Centre on April 24th. It was a great learning experience!



About Big Brothers Big Sisters of Hastings & PEC

Our mission is to foster, facilitate and support volunteer based mentoring programs for children and youth in need within our communities. Our goal is to provide a BIG for every LITTLE within our organization...BIGS for all our LITTLES!

Our staff:

Cheryl Whiteman, Executive Director, ext. 39, cwhiteman@bigsneeded.ca

Caitlin Dougherty, Caseworker, ext. 35, cdougherty@bigsneeded.ca

Bonnie Perrigard, Special Events & Fundraising Coordinator, ext. 33, bperrigard@bigsneeded.ca

Ashley Thomson, Caseworker, ext. 34, athomson@bigsneeded.ca

Alana Brown, Administrative Assistant, ext. 32, reception@bigsneeded.ca

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Comments or suggestions for this newsletter may be sent to Bonnie Perrigard at bperrigard@bigsneeded.ca

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